## (Some) of what's been happening this week

- Health and Wellbeing Week We have been exploring the NHS 5 Steps to Well-Being this week with each day taking one of the 5 themes. The week has ended today with 'Give' and the children have been sharing how they have demonstrated giving in many different ways and how it helps themselves and other achieve good mental health.
  - FS2 and Y2 have been writing letters to each other to give courage.
  - Y1 and Y4 worked in their reading partners to give books around Wadebridge for other children to find and pass on.
  - Y3 gave shortbread biscuits they made to St Breock Residential Home.
  - Y5 and Y6 gave back to the community by taking part in a litter pick at Coronation Park and recycling ost of the rubbish they found.
  - Todays non uniform day in aid Mental Health Foundation has raised £91 so far! Thank you for your generosity.
- Tuesday Eamon Riley an author visited KS2 assembly.
- Wednesday The whole school took part in an afternoon 'Wake up' session to ensure we were all 'keeping active'.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  $\bigstar$ 





- Every Wednesday starting on October 2nd– KS2 Choir starts 12.30-1pm. All welcome.
- Thursday It's that Census Day time again! Our funding for KS1 school meals for the year is based on the number of children in KS1 who have a school meal on this day. As we have very few children in KS1 who NEVER have a school meal, it is important they do have a meal on this day or the school will have to subsidise when they do have a free school meal. All KS1 children will be offered a free school meal on Thursday and it will be Burgers or Veggie Burgers. Mrs Jenkins will also have jacket potatoes and ham rolls available. If you wish to supplement this with a packedlunch you are of course welcome to do so.
- School Forum Dates for this term are Tuesday 8<sup>th</sup> October at 6pm and Wednesday 9<sup>th</sup> October at 9am.
- Please note dates for our Christmas Performances and activities will soon be on the eSchools Calendar.
- We will soon be moving to a new text message and communication system called Arbor. We already use this in school to store all your information so this will allow us to have everything in one place. PLEASE NOTE WE ARE NOT MOVING YET. The first step in the change to this is an email to yourselves to set a new password and download the app. Before we send these emails out we want to make sure we have the most up to date email for you. If you have changed these details recently please let us know or you will not receive the setup email. One of the features of this new app is that you will be able to update details yourself, which will mean keeping you and your child/rens details up to date is far easier.
- Parents who continue to park on site YOU KNOW WHO YOU ARE! Please can we ensure both in the morning (except for the drop off) and after school there are no parental cars on site. This is to keep our children and their families safe so please respect this. If this continues to happen we will have to close the site for the drop off also.