



Dear Parents / Carers,

Year Four Residential
Carnyorth Outdoor Education Centre, West Penwith
Monday 13th – Wednesday 15th May 2019

I am really looking forward to spending the three days and nights with Year Four on our residential! Please find set out below details of our trip and information which you may find of help.

Day One – school sweatshirts to be worn

The three day experience will start on Wednesday 9th May, when the children will need to arrive at school at 8.00 am for an 8.30 am departure. The children will need to have with them:

- ☐ their kit for the stay,
- ☐ a packed lunch and drink, which **should not be** packed into a lunch box. No canned drinks or glass bottles please, preferably a litre plastic bottle filled with water. These should be packed in a day sack separate from their clothes.

Day sacks MUST be of the two padded strap variety which will allow the children to carry all they need for a day out in comfort. It is essential that they have both hands free and must not be carrying a bag. Please make sure your child does have this as children have suffered in the past with most inappropriate bags.

Venue and Accommodation

The centre is one of the oldest Outdoor Education Centres in Cornwall and is a converted primary school with full modern facilities and as such is situated in the centre of Carnyorth village. The children will sleep in dormitories at separate ends of the building with attached leader's rooms. The centre teacher will be accompanying us for some of our days and will introduce the children to the centre and the local area. The staff accompanying the children will cook food and they will be involved as much as possible.

Programme

The programme for the three days is as follows:

Monday 13th May

Mining Cluedo where the centre staff will lead us through the mining relics along the coast and children will need to be very observant, keeping a lookout for clues along the way. An afternoon spent entirely out of doors so please look at the weather forecast and dress your child appropriately please. It will either be wet weather gear or sun cream and sun hats.

Tuesday 14th May

Build and cruise a coracle. The children will build their own coracles then sail (or sink) them in a small lake. This is always the favourite day as the children like to get wet for some unknown reason

Wednesday 15th May

An opportunity to work with the centre staff for the morning on problem solving games and puzzles. Then packing, tidying the centre and back home to you hoping to be back at school for 3pm before the 3.30pm rush.

Travel

The children will be travelling by coach. If your child suffers with travel sickness, please bring this to the attention of Mrs Dennis who will be collecting in all medication. Please ensure your child has taken appropriate precautions on the morning of the trip and that, should you wish them to have medication on the journey home, this is put in an envelope which is clearly marked with your child's name and the correct dosage.

Health and Medication

Nearer to the time we will be sending home a health and consent form for you to complete. This will give you an opportunity to ensure that we receive correct, up to date information about your child's medical needs.

Should your child need to take regular medication during our visit there is no problem with this. Please bring your child's medication to school on the morning of the departure. The medication must be:

- labelled clearly with your child's name and dosage
- be in a suitable container
- given to Mrs Dennis
- NOT packed in luggage or day sack (exception to this would be asthma inhalers).

A log will be kept of any medicine administered during the residential.

Staff

Group Leader: Mrs Dennis
First Aider: Mrs Dennis
Medication: Mrs Dennis
Additional Staff: Mrs Martell & Miss Harper

Food

Always such an essential part of being away from home, good comforting food is a wonderful cure. The menu will be healthy but will also contain lots of treats, and why not?

Text Messages

We will hopefully keep you up to date with text messages throughout our stay. Though parents should assume that no news means we are too busy enjoying ourselves to text. Please forgive us!

Emergencies

In the event of an emergency either on residential or at home the contact point will be school. You will not be able to contact us directly. But we will be able to contact you at all times. I am delighted to say that emergency contact has not been needed and I am committed to ensuring that this will continue to be the case.

All members of staff will have mobile phones and the school will be able to contact us throughout the week.

In the unlikely event that a child has to return home from residential early for reasons such as ill health, we will contact you and arrange the most effective and safe way to get your child home with you. This may need you to come and collect them.

Risk assessments

All the necessary risk assessments have been carried out and the necessary control measures put in place. Every possible care has been and will be taken to ensure that safety comes first and everything else after that.

Finances

I am attempting to keep the residential costs as low as possible and therefore the charge has been based upon all the children taking part.

I am pleased to say that with all the activities planned, the accommodation and all the meals provided (except for the initial packed lunch on the first day), the cost of this residential will be £130.00.

To confirm your child's place on this residential, **a £25 non-refundable deposit is required through ParentPay by 1st November 2018**. This enables us to confirm numbers with the residential provider. The remainder of the residential payments can be made in instalments but **full payment must be complete by 24th April 2019**.

If you have anything you wish to discuss regarding any aspect of this visit, please see me.

Thank you.

Yours sincerely

Mrs Dennis
Year 4 Class Teacher



Carnyorth Kit List 2019

The majority of our activities during this residential will be out of doors and your child could get dirty or wet so at least two complete change of clothing is essential. Despite it being held in summer, we cannot guarantee good weather therefore we must be prepared for all types of weather. We may be working outside in windy conditions so please bring clothing to cope with the wet and the cold. Remember two thinner layers can be warmer than one thick layer. We may also be working outside in hot dry conditions and so adequate protection from the sun is essential. For your benefit and our sanity, it would be appreciated if all items are **clearly labelled** with your child's name. **Please do not pack for your child – pack with them.** A piece of good advice is to put each group of items in different plastic carrier bags and write on them what is in each bag. This will help the children no end especially as they will have packed the bags **themselves**. They will soon recognise which bag contains which item of clothing. Please remember to include a couple of spare plastic bags for dirty and wet clothes. Thank you.

What NOT to Bring/ Send		
1.	Pillow	This is provided by the centre
2.	Mobile Phone	Not needed as this can often trigger homesickness
3.	Denim jeans	These are impossible to dry at the centre and can chafe legs if wet
4.	Lunch boxes	These are uncomfortable in a day sack if worn all day and troublesome to wash and dry
5.	Clothing without name labels	It is almost impossible to keep track of un-named clothing in dormitories.
What TO Bring/ Send		
1.	Sleeping bag	
2.	Toiletries / including sun cream	
3.	Towel	This to be used at the centre for showers and washes
4.	Slippers/ indoor shoes	Children need to have soft shoes/ slippers/ slipper socks as no bare feet are allowed
5.	Spare pair of shoes for outdoor use	
6.	Pillow case	Pillows are provided. Just a pillowcase is enough.
7.	Pyjamas	Plus Teddy Bear or favourite cuddly toy.
8.	Socks	
Day One	Purple Sweatshirt Comfortable trousers/ shorts Hat Trainers Day sack with <ul style="list-style-type: none"> • waterproof coat / trousers • packed lunch • plastic drinks bottle with drink NOT FIZZY • camera (optional) 	We will be in a public place and uniform helps us to keep track of the children. It also looks smart and is serviceable. The clothing worn must be suitable for a day spent out of doors despite the weather and should be suitable to get muddy or wet.
Day Two	A suitable outfit for working outdoors building coracles, etc <ul style="list-style-type: none"> • old trousers / shorts • old tee shirt • old sweatshirt/ top • trainers or wellies A Bag containing <ul style="list-style-type: none"> • an old towel • a complete change of warm clothing • wetsuit (if have one) 	The children work in the garden all morning, regardless of the weather, building the coracles. Again the clothing may get muddy and or wet. It should not be 'good clothing'. It should be practical. In the afternoon the children will walk to the tarn to sail their coracle. They will need to wear clothing and shoes which can get wet. This may well be what they have worn in the morning. After sailing and sinking the children need a towel to dry themselves and a change of warm clothing.
Day Three	The children will wear their sweat shirts and possibly the outfit from day one or the afternoon of day two. However you may wish to send another change of clothing.	

