









Dear Parents

At St. Breock we are committed to a programme of residential experiences for our children. We believe that residentials play a very significant part in the education of the whole child. Whilst on residential we will have as priorities the safety and happiness of the children. These will always be our over-riding priorities. However, we will also be aiming to develop the children in:

- Greater independence
- Confidence to take risks in a safe environment
- Knowledge, which comes from living in a group, which is different to the one which they are used to.

Day One – school sweatshirts to be worn

The three day experience will start on Wednesday 22nd May, when the children will need to be at school at 8.15 a.m. The children will need to have with them:

- □ their kit for the stay,
- a packed lunch and drink. No canned drinks or glass bottles please, preferably a litre plastic bottle filled with water or their favourite squash. These should be packed in a day sack separate from their clothes.

Day sacks MUST be of the two padded strap variety which will allow the children to carry all they need for a day out in comfort. It is essential that they have both hands free and must not be carrying a bag. Please make sure your child does have this as children have suffered in the past with very inappropriate bags.

Venue & Accommodation

We will be staying at the Youth Hostel Association, which is situated on site at the Eden Project. Three children will sleep in each en-suite "snoozebox", with adults interspersed.

The whole environment at the centre is perfect in giving the children a range of experiences, which will not only enhance their understanding of the world but also develop their self-confidence and independence in the world.

They will also have LOTS OF FUN!

Programme

Wednesday 22nd May

The children will travel to the Eden Project by school minibuses, leaving at 8.30 a.m. On arrival overnight bags will be dropped off at the YHA before we make our way down to the Eden Project. The morning will be spent exploring in small groups.

In the afternoon we will undertake the "Crazy Chef" Workshop, led by the Education Team and then the Land Train will take us to the YHA where children can unpack and settle in to their "snooze-box"!

The evening meal will be in the Eden Project restaurant before we experience the evening Secret Biome event.

Thursday 23rd May

After breakfast in the restaurant, the children will take part in the "A Feast for the Senses" workshop before diary writing in the Education Centre.

In the afternoon we will be attempting the "Potions and Commotions Challenge" with the Eden Team and after dinner we will have outdoor activities in the field.

Friday 24th May

The final morning will be spent undertaking the "Puzzling Plants" workshop, followed by diary writing. We will eat our packed lunches and leave by minibuses at 1.15pm for a 2.00pm return to school.

Health and Medication

Nearer to the time we will be sending home a health and consent form for you to complete. This will give you an opportunity to ensure that we receive correct, up to date information about your child's medical needs.

Should your child need to take regular medication during our visit there is no problem with this. Please bring your child's medication to school on the morning of the departure. The medication must be

- labelled clearly with your child's name and dosage
- be in a suitable container
- given to Mrs Williams
- NOT packed in luggage or day sack. (Exception to this would be asthma inhalers)

A log will be kept of any medicine administered during the residential

Staff

Group Leader: Mrs Kate Williams
Deputy Leader: Mrs Alison Collett
First Aider: Mrs Kate Williams
Medication: Mrs Kate Williams
Medication: Mrs Kate Williams
Mrs Kate Williams
Mrs Kate Williams
Mrs Kate Williams

Food

Always such an essential part of being away from home, good comforting food is a wonderful cure. The menu will be healthy but will also contain lots of treats, and why not? The children will eat breakfast and evening meals in the Eden Project restaurant and packed lunches will be provided on days 2 & 3.

Emergencies

In the event of an emergency either on residential or at home the contact point will be school. You will not be able to contact us directly. But we will be able to contact you at all times. I am delighted to say that emergency contact has not been needed and I am committed to ensuring that this will continue to be the case.

All members of staff will have mobile phones and the school will be able to contact us throughout the week.

In the unlikely event that a child has to return home from residential early for reasons such as ill health, we will contact you and arrange the most effective and safe way to get your child home with you. This may need you to come and collect them.

Risk assessments

All the necessary risk assessments have been carried out and the necessary control measures put in place. Every possible care has been and will be taken to ensure that safety comes first and every thing else after that.

Finances

I am attempting to keep the residential costs as low as possible and therefore the charge has been based upon all the children taking part.

I am pleased to say that with all the activities planned, the accommodation and all the meals provided (except the initial packed lunch on the first day), the cost of this residential will be £125.00.

To confirm your child's place on this residential, a £25 non-refundable deposit is required through ParentPay by 1st November 2018. This enables us to confirm numbers with the residential provider. The remainder of the residential payments can be made in instalments but full payment must be complete by 24th April 2019.

If you have anything you wish to discuss regarding any aspect of this visit, please see me. Further details of the accommodation and workshops can be found on the Eden Project website. Thank you.

Yours sincerely

Kate Williams Year 3 Class Teacher



EDEN PROJECT RESIDENTIAL – May 2019 EQUIPMENT LIST

The majority of our activities during this residential will be out of doors and your child could get dirty or wet so at least two complete change of clothing is essential. Despite it being held in Summer, we cannot guarantee good weather therefore we must be prepared for all types of weather. We may be working outside in windy conditions so please bring clothing to cope with the wet and the cold. Remember two thinner layers can be warmer than one thick layer. We may also be working outside in hot dry conditions and so adequate protection from the sun is essential. For your benefit and our sanity, it would be appreciated if all items are **clearly labelled** with your child's name. **Please do not pack for your child – pack with them**. A piece of good advice is to put each group of items in different plastic carrier bags and write on them what is in each bag. This will help the children no end especially as they will have packed the bags **themselves**. They will soon recognise which bag contains which item of clothing. Please remember to include a couple of spare plastic bags for dirty and wet clothes. Thank you.

Essential items	Packed	Returned
Three or more complete changes of clothes. Fleeces and tracksuit bottoms		
are especially useful, as are shorts. Jeans are not ideal.		
Plenty of socks and underwear		
Spare trainers comfortable not fashionable - essential		
Walking boots if owned		
Hat to protect from sun - essential		
Sun screen - essential		
Comfortable socks for walking		
Shorts & collared T-shirts for hot sunny weather!		
Waterproof coat (kagoul) - essential		
Pyjamas		
Toiletries in a bag or container		
NO AEROSOL DEODORANTS		
1 pack of wet wipes or cleansing tissues		
Towel		
Tissues		
Spare plastic bags for dirty washing		
Small rucksack for day use		
Drinks container (filled for journey out) labelled with child's name		
Disposable camera optional (but children must take full responsibility for		
them).		

Sunburn can be a problem. Some suntan cream or lotion sent with your child's personal kit may save a lot of unnecessary suffering. A cream with a high protective number is very effective as well as a sun hat or cap and collared t-shirts.

Items NOT Required: Mobile phones, pocket knives, computer games, expensive cameras