

FOOD FESTIVAL
By Aspens

WEEK 1
Autumn/Winter 2026-27
31/08/26, 21/09/26, 12/10/26,
02/11/26, 23/11/26, 14/12/26,
04/01/27, 25/01/27, 15/02/27, 08/03/27

LUNCHTIME

Allergy Free World Menu
Autumn/Winter 2026/27

ALLERGY
FREE PRIMARY
WORLD



THE
MAIN
EVENT

MONDAY
Tomato and Basil
Chicken with
Wedges and
Roasted Root Veg

TUESDAY
Beef Chilli with Rice,
Broccoli and Sweetcorn

WEDNESDAY
Roast Chicken,
Skin on Roasties,
Gravy with Carrots
and Peas

THURSDAY
Meatball Biryani
with Rice
and Kachumber Salad

FRIDAY
Southern Fried
Chicken Fillet with
Chips, Baked Beans
and Peas



MEAT-FREE
MAGIC
Veggie Dish

Mexican Sweet Corn
Bean Stew with
Wedges
and Roasted Root Veg

Sweet Potato Chilli
with Rice,
Broccoli and Sweetcorn

Roast Vegetable Hot Pot,
Skin on Roasties, Gravy,
Carrots and Peas

Vegetable Korma
with Rice
and Kachumber Salad

Veggie Bean Patty
with Chips, Baked
Beans and Peas



BIG
TOPPING
Filled Jackets

Crispy Skin Jacket Potato
with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans



DESSERT
TROLLEY

Orange Cookie

Strawberry Jelly

Chocolate Banana Bread

Fruit Salad

Carrot Cake

DAILY
SALAD BOWL
AVAILABLE DAILY



PASTA
TWIRLER
AVAILABLE
EVERY DAY
TOPPED SPAGHETTI
WITH HOMEMADE
TOMATO SAUCE

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WEEK 2
Autumn/Winter 2026-27
07/09/26, 28/09/26, 19/10/26,
09/11/26, 30/11/26, 21/12/26,
11/01/27, 01/02/27, 22/02/27, 15/03/27

LUNCHTIME

Allergy Free World Menu
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ALLERGY
FREE PRIMARY
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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Loaded Cajun Beef &
Corn Potato Wedges
and Mixed Greens

Chinese Chicken with
Rice, Green Beans and
Sweetcorn

Roast Gammon,
Skin on Roasties,
Gravy with Carrots
and Cabbage

Meatball Marinara
Spaghetti and
Mixed Salad

Southern Fried
Chicken Fillet with
Chips, Baked Beans
and Peas



Green Veg & Butter
Bean Stew
with Wedges
and Mixed Greens

Chinese Veggie Stir Fry
with Rice, Green Beans
and Sweetcorn

Tomato & Bean
Layer Bake, Skin on
Roasties, Gravy, Carrots
and Cabbage

Cajun Roasted Veg
Spaghetti and
Mixed Salad

Veggie Bean Patty
with Chips, Peas
and Baked Beans



Crispy Skin Jacket Potato
with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans



Watermelon Wedge

Orange Jelly

Pear Muffins

Lemon Cookie

Brownie



TOPPED SPAGHETTI
WITH HOMEMADE
TOMATO SAUCE

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FESTIVAL
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WEEK 3
Autumn/Winter 2026-27
14/09/26, 05/10/26, 26/10/26,
16/11/26, 07/12/26, 28/12/26,
18/01/27, 08/02/27, 01/03/27, 22/03/27

LUNCHTIME

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ALLERGY
FREE PRIMARY
WORLD



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



BBQ Chicken & Potato
Wedges with
Vegetable Sticks

Mexican Beef Rice with
Sweetcorn and Broccoli

Roast Pork,
Skin on Roasties with
Gravy, Carrots
and Green Beans

Jerk Chicken with
Paprika Rice and
Green Salad

Southern Fried
Chicken Fillet with
Chips, Baked Beans
and Peas



Sweet Potato Wedges
with Sweet Chilli
Roasted Veggies and
Vegetable Sticks

Mexican Vegetable
Rice with Sweetcorn
and Broccoli

Roast Vegetable Hot Pot,
Skin on Roasties, Gravy
Carrots and Green Beans

Sweet Potato Coconut
Bean Stew with
Paprika Rice and
Green Salad

Veggie Bean Patty
with Chips, Peas
and Baked Beans



Crispy Skin Jacket Potato
with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans



Shortbread

Raspberry Jelly

Apple Muffin

Peach Crumble

Coco Cookies



TOPPED SPAGHETTI
WITH HOMEMADE
TOMATO SAUCE