

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7

## WEEK ONE

### MONDAY Authentic Italian

Option 1 **BBQ Chicken Pizza**  
Crudites

Option 2 **Margherita Pizza**  
Crudites

Packed  
Lunch

Jacket  
Potatoes

The Finale

**Warm Pineapple  
with Vanilla Ice  
Cream**

### TUESDAY Family Faves

**Beef Burger  
in a Bun**  
Oven Baked  
Wedges  
Coleslaw

**Super Veggie  
Burger  
in a Bun**  
Oven Baked  
Wedges  
Coleslaw

**Sticky  
Gingerbread  
Cake**

### WEDNESDAY Baking British

**Roast Gammon**  
Roasties and  
Fresh Vegetables  
Gravy

**Veggie Sausage &  
Summer Veg  
Traybake**  
Roasties and  
Fresh Vegetables  
Gravy

**Chocolate  
Brownie**

### THURSDAY Food Festival

**Chicken Tikka  
Biryani**  
Wholegrain Rice  
Coconut Green  
Beans

**Roasted Sweet  
Potato Dhal**  
Wholegrain Rice  
Coconut Green  
Beans

**Strawberry Mousse  
with Peach**

### FRIDAY Fun Day

**Fish Fingers**  
Salmon or Pollock  
Chips and  
Baked Beans

**Baked Beans &  
Vegetable Dippers**  
Chips

**Oat Cookie**

**Pick and Mix Packed Lunch**  
Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

**Crispy Skin Jacket Potato with Tasty Toppings**

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7

WEEK TWO

## MONDAY

### Authentic Italian

Option 1

**Creamy Chicken Pasta Bake**  
Whole Grain Penne  
Garlic Slice  
Green Salad



Option 2

**Veggie Bolognese**  
Whole Grain Penne  
Garlic Slice  
Green Salad



Packed Lunch  
Jacket Potatoes

## TUESDAY

### Family Faves

**BBQ Pulled Pork & Mash**  
Carrots



**Baked Bean & Veggie Sausage Cowboy Pie**  
Carrots



## WEDNESDAY

### Baking British

**Roast Chicken & Stuffing**  
Roasties and  
Fresh Vegetables  
Gravy



**Cheese & Spring Onion Pastry Slice**  
Roasties and  
Fresh Vegetables  
Gravy



## THURSDAY

### Food Festival

**Beef Lasagne**  
Potato Wedges  
Rainbow Slaw



**Veggie Nachos & Cheese**  
Potato Wedges  
Rainbow Slaw



## FRIDAY

### Fun Day

**Baked Breaded Fish**  
Chips and  
Mushy Peas

**Carrot & Potato Cakes Homemade Tomato sauce**  
Chips and  
Mushy Peas



### Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Crispy Skin Jacket Potato with Tasty Toppings



The Finale

**Peach Puff Pastry Rice Krispie Cakes**  
Slice & Custard

**Chocolate & Marshmallow Cake**

**Apple Pie & Custard**

**Fruity Flapjack**

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat   ▼ Veggie   ◆ Jacket Potato   ■ Packed Lunch

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7,

## WEEK THREE

### MONDAY Authentic Italian

Option 1

Meatball, Pasta & Garlic Bread  
Traybake  
Sweetcorn ▲

Option 2

Tomato & Mozzarella Gnocchi  
Garlic Slice  
Sweetcorn ▼

Packed Lunch

Jacket Potatoes

The Finale

Chocolate Mousse with Mandarin

### TUESDAY Family Faves

Sticky Baked Bangers & Mash  
Green Beans  
Gravy ▲

Sticky Veggie Bangers & Mash  
Green Beans  
Gravy ▼

Crispy Skin Jacket Potato with Tasty Toppings ◆

Sticky Toffee Pudding & Custard

### WEDNESDAY Baking British

Roast Chicken & Stuffing  
Roasties and Fresh Vegetables  
Gravy ▲

Quorn Roast  
Roasties and Fresh Vegetables  
Gravy ▼

Vanilla Sprinkle Sponge

### THURSDAY Food Festival

Honey & Soy Chicken Stir Fry  
Wholegrain Rice  
Broccoli ▲

Crunchy Topped Macaroni Cheese  
Broccoli ▼

Apple Crumble with Custard

### FRIDAY Fun Day

Fish Fingers  
Salmon or Pollock  
Chips and Peas

Veggie Croquettes  
Chips and Peas ▼

Ginger Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat   ▼ Veggie   ◆ Jacket Potato   ■ Packed Lunch