



## Pupil Challenge 11

### Figure of 8 double active challenge

Put 2 markers down 3 metres apart and run the figure of 8 as many times as you can in 30 seconds.

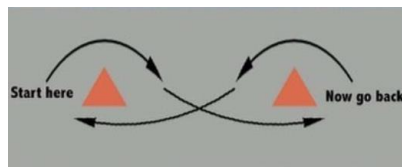


Figure of 8 stationary legs wide apart and feet flat on the floor. How many times can you pass the ball around your legs in a figure of 8 in 30 seconds.



Send your entries to [pc@stbreock.org.uk](mailto:pc@stbreock.org.uk) no later than Sunday 7<sup>th</sup> of March

**In order to get some Pupil Challenge Points.**

**Good luck**